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# Introduction To Health Research Methods: A Practical Guide



## Synopsis

From best-selling author of *Introduction to Global Health*, *Introduction to Health Research Methods* demystifies the research process and empowers students (and other new investigators) to conduct their own original research projects. Using clear language and practical examples, the text has five sections that describe the entire research process beginning with the identification of a research question and the selection of a study approach, proceeding through the collection and analysis of data and the preparation of a formal scientific report, and ending with academic and professional presentations and publishing. By breaking the research process down into manageable steps, *Introduction to Health Research Methods* communicates the excitement and importance of health research and encourages readers to make their own contribution to improving the health of individuals and communities through research. Key features:

- A step-by-step guide to conducting research in medicine, public health, and other health sciences
- For classroom use or for guiding independent work on scholarly projects
- Covers the entire research process from identifying a study question and selecting a study approach to collecting and analyzing data to disseminating the findings
- Includes detailed information about how to conduct primary studies (collection of new data), secondary analyses (analysis of existing data), and tertiary studies (literature reviews)
- Weaves elements of research ethics throughout the book

## Book Information

Paperback: 288 pages

Publisher: Jones & Bartlett Learning; 1 edition (April 6, 2011)

Language: English

ISBN-10: 9780763783341

ISBN-13: 978-0763783341

ASIN: 076378334X

Product Dimensions: 0.8 x 6.8 x 8.8 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #36,899 in Books (See Top 100 in Books) #33 in [Books > Medical Books > Research](#) #37 in [Books > Textbooks > Medicine & Health Sciences > Research](#) #107 in [Books > Health, Fitness & Dieting > Children's Health](#)

## Customer Reviews

This was a required book for an epidemiology course that I was enrolled in at my university. The

book was very easy to read and the chapters were very short. It laid out pretty much everything you would need to design your own study, including which study design to select, what resources would be needed and considerations for each type of study design. This book however did not cover statistical analysis, but did direct you to other resources for that information.

This is an excellent book. Very clear, easy to understand, great examples. excellent teacher, and writer. I f you are new to research methods, this is the bookIntroduction to Health Research Methods

I thought that this book is a good purchase if you have no previous background with public health research. When I took my Research Methods class this book wasn't very helpful for me, but I had already worked with writing public health publication writing so there was nothing here that helped a lot. What I did like about the book is that it is easy to read and addresses some issues that are important that one may not necessarily think about on his/her own.

I bought this book for an undergraduate research and methods class. I found it very useful and informative. I am keeping it so when I do actually need to write a proposal I can look back at this book. The book is an easy and quick read and highlights the main concepts very well.

This book is a simple and easy to read guide to basic epidemiology and methods for analyzing data. I like the way the authors describe the methods.

This book is an awesome foundational book for learning about how research is conducted and the theories behind different types of clinical studies.

This is a simplified overview of health research methods. It's a good starter text but not for graduate students who need to design research.

The chapters are short and concise. I do recommend having taken a statistics class before a research methods class or in conjunction with it.

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